

PRIVACY POLICY

Paola A. Rodríguez

Website: paolaandrearodriguez.com

Last Updated: August 11, 2026

Paola A. Rodríguez ("we," "us," or "our") respects your privacy and is committed to responsibly handling information collected through paolaandrearodriguez.com (the "Website").

This Privacy Policy describes the types of information that may be collected when you use the Website, how that information may be used and disclosed, and the choices available to Website visitors.

Because the Website discusses sexuality, sex therapy, relationships, mental health, sexual trauma, sex work, and other potentially sensitive subjects, we recognize that interactions with the Website may involve information of a sensitive nature.

This Website Privacy Policy applies primarily to information collected through the public Website.

Information collected as part of an established professional healthcare relationship may be governed by additional privacy requirements, including applicable healthcare privacy laws and a separate Notice of Privacy Practices where required.

1. Information You Provide

We may collect personal information that you voluntarily provide when you:

- Submit a contact form;
- Request an initial consultation;
- Submit an intake form;
- Register for a webinar;
- Register for a workshop or live event;
- Participate in an educational program;
- Request professional training or supervision;
- Subscribe to a newsletter;
- Request information;
- Communicate with us by email;
- Purchase a service or program, where available; or
- Otherwise interact with the Website.

Information may include:

- Name;
- Email address;
- Telephone number;
- Contact preferences;

- Information contained in messages;
- Registration information;
- Appointment or consultation preferences;
- Professional information for clinicians seeking training;
- Payment or transaction information, where applicable; and
- Other information you voluntarily provide.

Because of the nature of the Website, messages may sometimes contain information concerning mental health, sexuality, relationships, sexual behavior, sexual trauma, sex work, or other sensitive matters.

We encourage visitors not to provide unnecessary sensitive clinical information through general Website contact forms or ordinary email.

2. Information Collected Automatically

When you access the Website, certain technical and usage information may be collected automatically.

This may include:

- IP address;
- Browser type;
- Device type;
- Operating system;
- Approximate location derived from an IP address;
- Referring pages;
- Pages visited;
- Dates and times of visits;
- Time spent on pages;
- Website interactions;
- Device or browser identifiers; and
- Other technical information.

Such information may be collected through Website server logs, cookies, analytics tools, scripts, pixels, or similar technologies.

3. Contact and Consultation Forms

The Website provides methods through which visitors may contact Paola A. Rodríguez and request information or an initial consultation.

Information submitted through these forms may be used to:

- Respond to your inquiry;
- Contact you;
- Understand generally what type of service or information you are seeking;
- Determine appropriate next steps;
- Schedule an initial consultation where appropriate; and

- Direct you to appropriate services or resources.

Submitting a Website form does not by itself establish a therapist-client or healthcare provider relationship.

Do not use general Website forms for emergencies or urgent mental-health communications.

4. Intake Forms

The Website may provide access to intake forms related to professional services.

Information collected through an intake process may be more sensitive than information collected through ordinary Website interactions.

Where intake information is collected in connection with healthcare services, additional privacy protections may apply.

Applicable clinical privacy policies and Notices of Privacy Practices should be consulted for information concerning the handling of healthcare records.

5. Newsletter

Visitors may voluntarily subscribe to newsletters, educational updates, workshop announcements, videos, conversations, or other communications.

When you subscribe, we may collect your email address and other information necessary to manage your subscription.

Subscription information may be used to:

- Send newsletters;
- Provide educational information;
- Announce webinars or workshops;
- Share new Website content;
- Provide updates concerning programs or events; and
- Manage your subscription preferences.

You may unsubscribe from marketing or newsletter communications using the unsubscribe mechanism provided in the communication or by contacting us.

Unsubscribing from marketing communications does not necessarily prevent communications required in connection with an existing professional relationship or transaction.

6. Webinars, Workshops and Educational Programs

When you register for a webinar, workshop, live talk, training program, group, or other educational offering, we may collect information necessary to administer the program.

This may include registration details, contact information, attendance information, professional information, and payment information where applicable.

Information may be used to:

- Process registration;
- Provide access to the program;
- Communicate schedule or program information;
- Process payments;
- Provide educational materials;
- Maintain appropriate administrative records; and
- Communicate about related programs where permitted.

7. Sensitive Information

The Website addresses subjects including sexuality, sexual health, sex therapy, relationships, sexual trauma, mental health, intimacy, and sex work.

We recognize that information relating to these subjects can be highly sensitive.

Visitors should avoid submitting detailed clinical histories, diagnoses, treatment records, sexual histories, trauma histories, or other highly sensitive information through ordinary Website contact forms unless specifically instructed to use an appropriate method.

8. Cookies and Similar Technologies

The Website may use cookies and similar technologies.

These technologies may be used to:

- Operate Website functionality;
- Maintain Website security;
- Remember preferences;
- Understand Website traffic;
- Measure Website performance; and
- Improve Website functionality.

Cookies may include essential, preference, analytics, and third-party cookies.

Users may be able to manage cookies through browser settings or an available Website cookie-consent tool.

Disabling certain technologies may affect Website functionality.

9. Analytics and Tracking

The Website may use analytics technologies to understand how visitors interact with its content.

Because visits to pages concerning sexuality, trauma, sex therapy, mental health, or sex work could potentially reveal sensitive interests, special consideration should be given to the information transmitted to analytics or advertising providers.

We do not intend for general analytics or advertising technologies to receive confidential clinical communications or Protected Health Information.

10. How We Use Personal Information

Information collected through the Website may be used to:

- Operate and maintain the Website;
- Respond to inquiries;
- Schedule consultations;
- Administer webinars and educational programs;
- Provide requested resources;
- Manage newsletter subscriptions;
- Communicate with visitors;
- Process transactions where applicable;
- Improve Website performance;
- Understand Website usage;
- Maintain security;
- Prevent fraud or abuse;
- Maintain appropriate business records;
- Comply with legal obligations; and
- Protect our rights and the rights and safety of others.

Information may also be used for other purposes disclosed when it is collected or with appropriate consent or authorization.

11. How Information May Be Shared

We do not sell personal information in the ordinary meaning of selling information for monetary compensation.

Information may be disclosed to service providers that assist with Website or business operations, such as:

- Website hosting providers;
- Website developers and IT providers;
- Email providers;
- Newsletter platforms;
- Scheduling providers;

- Webinar and videoconferencing providers;
- Payment processors;
- Analytics providers;
- Security providers;
- Professional advisors; and
- Other vendors necessary to provide requested services.

Service providers may process information according to their contractual obligations and applicable privacy requirements.

12. Healthcare Information and HIPAA

Certain information collected in connection with actual healthcare services may constitute Protected Health Information (“PHI”) and may be subject to the Health Insurance Portability and Accountability Act (“HIPAA”) or other healthcare privacy laws.

Not every interaction with a public Website automatically creates PHI or establishes a healthcare relationship.

Where HIPAA applies, applicable PHI will be handled according to legal requirements and the applicable Notice of Privacy Practices.

This Website Privacy Policy does not replace a Notice of Privacy Practices required for covered healthcare services.

13. Relationship With Life Discovery Psychotherapy

The Website may provide links or referrals to Life Discovery Psychotherapy for individual, couples, sex-therapy, or other professional services.

Information submitted directly to another website or professional practice is subject to the privacy policies and healthcare privacy notices applicable to that service.

Users should review the applicable privacy information when leaving this Website or beginning professional services through another practice or platform.

14. Third-Party Websites and Services

The Website may link to third-party websites, social-media services, video platforms, scheduling providers, payment providers, books, educational resources, or other external services.

Third parties operate independently and may collect information according to their own privacy policies.

We encourage users to review the privacy policies of external services before submitting information.

15. Social Media

The Website may provide links to social-media profiles or content.

Your interactions with social-media platforms are governed by the privacy policies and terms of those platforms.

Users should understand that following, liking, commenting on, or otherwise interacting with a mental-health or sexuality-related professional through social media may be publicly visible depending on the user's own privacy settings and the platform involved.

16. Payment Information

If paid webinars, workshops, training programs, or other services are offered, payments may be processed through a third-party payment provider.

Payment providers may collect financial information necessary to complete transactions.

We may receive transaction-related information without directly receiving complete payment-card information.

Payment processing is subject to the privacy and security practices of the applicable payment provider.

17. Legal Disclosures

Information may be disclosed where reasonably necessary to:

- Comply with applicable law;
- Respond to valid legal process;
- Comply with regulatory requirements;
- Protect legal rights;
- Investigate fraud or security incidents;
- Protect the safety of individuals; or
- Fulfill other applicable legal or professional obligations.

Healthcare and clinical records may be subject to additional confidentiality protections.

18. Data Security

Reasonable administrative, technical, and organizational measures are used to protect personal information against unauthorized access, misuse, alteration, disclosure, or loss.

However, no Website, Internet transmission, email system, or electronic storage system can be guaranteed to be completely secure.

Users should exercise care when transmitting sensitive information electronically.

19. Data Retention

Information may be retained for as long as reasonably necessary to:

- Provide requested services;
- Maintain administrative records;
- Fulfill transactions;
- Maintain subscription preferences;
- Comply with legal obligations;
- Resolve disputes;
- Protect legitimate interests; and
- Meet applicable professional record-retention requirements.

Different retention periods may apply to clinical healthcare records.

20. Children's Privacy

The general Website is not intended to solicit personal information directly from children without appropriate authorization where required.

Professional services involving minors may be subject to additional requirements regarding parental consent, confidentiality, access to records, and minors' privacy rights.

If information is discovered to have been collected from a child through the general Website contrary to applicable requirements, reasonable steps may be taken to address that information.

21. Privacy Rights and Choices

Depending upon applicable law, users may have certain rights regarding their personal information.

These may include rights to request:

- Access;
- Correction;
- Deletion;
- A copy of certain information;
- Information about certain disclosures; or
- Restrictions on certain processing.

These rights may be subject to legal, professional, record-retention, healthcare, and other exceptions.

Healthcare information may be subject to additional rights described in an applicable Notice of Privacy Practices.

22. Email Communications

Ordinary email may not provide the same level of security as dedicated healthcare communication systems.

Visitors should avoid sending unnecessary sensitive clinical information through ordinary email.

If you initiate an email communication, we may respond using the email address provided unless another communication method is requested or required.

23. International Visitors

The Website is primarily intended for users in the United States.

If you access the Website from another country, information you provide may be processed in the United States, where privacy laws may differ from those in your jurisdiction.

Website accessibility from another country does not mean professional healthcare services are available in that jurisdiction.

24. U.S. State Privacy Laws

Residents of certain U.S. states may have additional privacy rights under applicable state law.

Rights may include access, correction, deletion, obtaining copies of information, or restrictions on certain data uses.

The applicability of these rights depends upon the particular law, information involved, and whether the law applies to the Website operator.

Healthcare information governed by HIPAA or other specialized privacy laws may be treated differently under state consumer privacy laws.

25. Changes to This Privacy Policy

This Privacy Policy may be updated periodically to reflect changes in technology, Website functionality, programs, services, business practices, or legal requirements.

When changes are made, the updated policy may be posted on the Website with a revised “Last Updated” date.

Users are encouraged to review this Privacy Policy periodically.

26. Contact Information

Questions concerning this Privacy Policy may be directed to:

Paola A. Rodríguez

5201 Blue Lagoon Drive, Suite 920

Miami, Florida 33126

United States

Website: paolaandrearodriguez.com

Additional contact information is available through the Website.

PRIVACY NOTICE: Please do not use general Website forms, newsletter forms, or ordinary email to communicate an emergency or submit unnecessary sensitive mental-health, medical, trauma, or sexual-health information.